**FUN FACTS Content**

Here are some Martial Arts facts to share:

The Martial Arts movie name "Crouching Tiger Hidden Dragon" is a literal translation of the Chinese idiom "卧虎藏龙" which describes a place that is full of talented or extraordinary people who remain hidden and undiscovered, or simply means "talented or extraordinary people hidden from view".

There are over 180+ martial arts styles with differing techniques, kata & forms, history, etc.

World Martial Arts Day on November 27. This is Bruce Lee's Birthday, one of the most influential persons in Martial Arts.

In 2016, according to InfoUSA.com, there were 15,896 schools and businesses under Karate & Other Martial Arts Instruction.

In 2017, the number of participants (aged six years and older) in martial arts amounted to approximately 3.42 million.

Sean Connery, during the filming of the James Bond film "Never Say Never Again," was taking martial arts lessons and in the process irritated the instructor who in turn broke Connery's wrist. That instructor was Steven Seagal.

President Teddy Roosevelt was an avid boxer and became the first American ever to receive a brown belt in Judo. He lined the White House basement with training mats and sparred with anyone that was willing including boxing champion John Sullivan, his wife, and a Swiss minister.

MMA (Mixed Martial Arts) was an event at the ancient Olympics. It was called Pankration and is the only event that hasn't been reinstated with the creation of the modern Olympics.